

January 2020

PLEASANTVILLE COMMUNITY SCHOOLS

BREAKFAST LUNCH



Flower: Carnation
Birthstone: Garnet
 First of January is the day of contemplation which is assorted with an ambition to achieve new goals. The custom is to look ahead and back on the first day of the month of January, named after Janus.



Nutrition Tip:
 Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Monday

Tuesday

Wednesday

Thursday

Friday

1
NO SCHOOL
 HAPPY NEW YEAR!

2
NO SCHOOL

3
NO SCHOOL

6
 Cereal and Toast
 Hot Ham 'n Cheese Sandwich
 Chips
 Baked Beans
 Applesauce
NO SALAD BAR

7
 Pancake on Stick
 Chicken Nuggets
 Mashed Potatoes/Gravy
 Green Beans
 Fruit Snacks
NO SALAD BAR

8
 Cereal and Toast
 Macaroni 'n Cheese
 Sweet Carrots
 Peaches
 Muffin
NO SALAD BAR

9
 French Toast
 Crispito
 Lettuce/Cheese/Salsa
 Corn
 Tropical Fruit
 Churro

10
 Cereal and Toast
 Pizza
 Lettuce Salad
 Finger Veggies
 Pineapple
 Cookie

13
NO SCHOOL

14
 Breakfast Pizza
 Chicken Strips
 Mashed Potatoes/Gravy
 Sweet Carrots
 Mixed Fruit

15
 Cereal and Toast
 Philly Cheese Steak Sandwich
 Chips
 Mandarin Oranges
 Cookie

16
 Oatmeal
 Taco Bake
 Lettuce Salad
 Garlic Bread
 Peaches
 Graham Snack

17
 Breakfast Bar
 Chili
 Crackers/Cheese
 Finger Veggies
 Pineapple
 Cinnamon Roll

20
 Cereal and Toast
 Chicken Strips
 Mashed Potatoes/Gravy
 Corn
 Tropical Fruit

21
 Biscuit 'n Gravy
 Deli Sandwich
 Chips
 Finger Veggies
 Pears
 Cookies

22
 Cereal and Toast
 Orange Chicken
 Rice
 Broccoli
 Mandarin Oranges
 Graham Snack

23
 Waffles
 Corn Dogs
 Smile Potatoes
 Baked Beans
 Peaches
 Muffin

24
 Cereal ad Toast
 Pasta Bake
 Garlic Bread
 Green Beans
 Mixed Fruit

27
 Cereal and Toast
 Tenderloin
 French Fries
 Baked Beans
 Peaches

28
 Scrambled Eggs
 Tacos
 Cheese/Lettuce/Sauce
 Corn
 Mandarin Oranges
 Cookies

29
 Cooks Choice
 Rib Sandwich
 Cheese Potato Tots
 Coleslaw
 Applesauce
 Rice Krispie Treat

30
 Cereal and Toast
 Spaghetti
 Lettuce Salad
 Garlic Bread
 Tropical Fruit

31
 Breakfast Pizza
 Pizza
 Lettuce Salad
 Green Beans
 Pineapple
 Cookie

